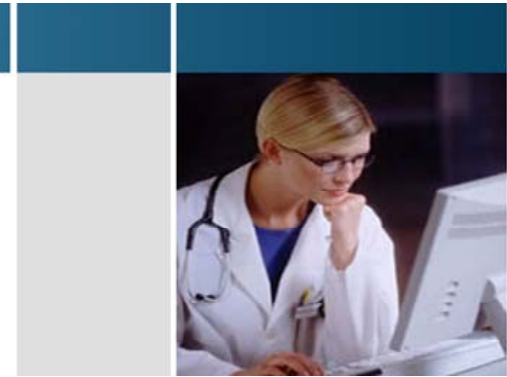




Wirefile V-Clinic

V-Clinic is the web and mobile nutrition management system from Wirefile Health Informatics. V-Clinic is used by leading nutrition and health organisations across the globe to provide better results for patients. V-Clinic enables you to have greater direct access to a health professional than has ever been possible before through your mobile phone and the Internet.

V-Clinic allows your health professional to analyse precise and timely information regarding your dietary and exercise behaviour, and provide immediate feedback and advice to help you stay on a healthy track.

Access to the internet or a mobile phone is all that is required to harness the power of V-Clinic.



V-Clinic People

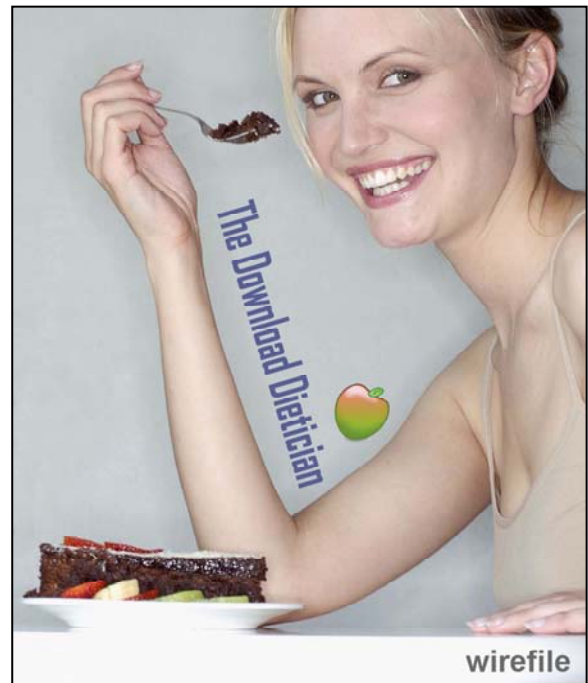
- People who wish to control their weight
- People who wish to learn about nutrition
- People who wish to get fit and stay fit
- Athletes in training
- Sports coaches and teams
- Women, during and after pregnancy
- Diabetics
- Gym members
- People following a special diet
- People who travel regularly
- Vegetarians concerned with protein intake

V-Clinic Benefits

- ✓ Provide precise usable electronic data to your health professional in real time.
- ✓ Receive immediate feedback from your health professional, even when travelling.
- ✓ Access a more clinically effective weight management system.
- ✓ Reduce the need for visits to your dietitian or personal trainer and make such visits more efficient.
- ✓ Access nutritional information on more than 15,000 foods.
- ✓ V-Clinic can be used with or without a health professional.
- ✓ V-Clinic can be used on a mobile phone or from your PC or both.
- ✓ No training required.
- ✓ Robust, reliable and cost effective.
- ✓ V-Clinic may be used on your mobile, on the web or both

Contact us today at info@wirefile.com to receive further information on the benefits of Wirefile V-Clinic.

V-Clinic - Just login or download...



V-Clinic - Simple to Use

- Your health professional or your service provider sets up your account on V-Clinic and provides you with your login details.
- If you have a compatible phone, your health professional or service provider can send the V-Clinic Mobile application direct to your phone.
- You may then login to your online V-Clinic Web account and input your food, lifestyle & activities diary or alternatively upload the data from V-Clinic Mobile. V-Clinic Mobile stores data for 7 days so if you wish, you need only upload data to V-Clinic Web once a week.
- Both V-Clinic Web and V-Clinic Mobile automatically calculate the nutritional composition of your diet in real time so that you are always aware of your intake.
- Your health professional or service provider may view and analyse the information in your account and provide ongoing feedback, help and advice to you via the web and mobile phone.
- With V-Clinic, the health professional's expertise is now more accessible to you than ever before.

Getting Married...

Debra is getting married in two months and wants to look her best on the big day. However she travels a lot due to her high-pressure job and cannot make regular appointments with her dietitian.

Debra's dietitian decides that the best solution for her is to use V-Clinic.

The dietitian sets Debra up with a V-Clinic account and asks Debra to enter her food diary on her mobile or on the web as often as she can when she is travelling. Due to her job Debra can't make a second face to face consultation with her dietitian before her wedding.

However the dietitian is still able to provide her with feedback on her progress and make dietary recommendations based on the information collected using V-Clinic. Based on the data collected in V-Clinic, the dietitian has quickly isolated white bread as Debra's greatest source of calories and provides advice on substitute foods direct to Debra's phone.

V-Clinic is the ideal solution for Debra as she has access to her dietitian's expertise while she is travelling.



...to the Marathon Man

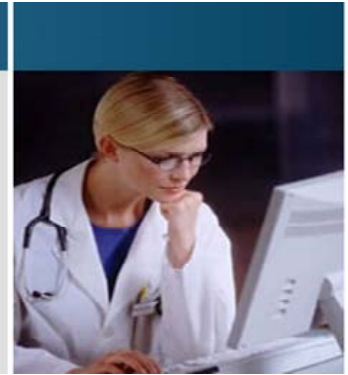
Debra's fiancé, Mark, also wants to be at his best for the big day and has decided to run the London marathon. Mark signs up for V-Clinic at his gym and purchases a four weeks V-Clinic fitness consultation from the gym's personal trainer.

The personal trainer sets a daily training plan for Mark. Mark downloads the plan to his mobile and follows it every day and also uploads data back to V-Clinic on what he actually has done.

After day 5, the personal trainer analyses the data and makes a necessary adjustment to the plan. Mark is now back on track.

Charts and graphs are made available to each member and the Fitness Corporation health experts can now provide the right training and advice to the members based on the data analysis.

Fitness Corporation now provides a more professional and comprehensive service to its members that includes help with nutrition for the very first time.



Know how to txt?

Anyone who can write a simple text message is already trained on V-Clinic. Of course you don't need a mobile phone and you can use the V-Clinic Web solution only if you wish.

V-Clinic Mobile works on most standard mobile phones such as Nokia, Motorola, Samsung, Sony Ericsson, Siemens, Sagem and many more.

An updated list of compatible phones is available on www.wirefile.com or from your V-Clinic service provider.

Your V-Clinic service provider or health professional will send a download message direct to your mobile. It's simple.

If you wish, you can upload your data to V-Clinic Web for more sophisticated analysis. The choice is yours.

